

How many coop credits is the student trying to earn and what will that look like in terms of time spent in the coop workplace ?

Most coop students have a 2-credit coop built into their school timetable. This means they do coop for the full morning or the full afternoon (approximately 3 hours a day in the workplace).

1 credit in high school is equivalent to 110 hours. In coop approximately 10 of those hours are in the classroom and 100 of those hours take place on the jobsite.

For 2-credit morning or afternoon coop students , coop students will achieve an approximate minimum of 200 hours in the workplace.

1 coop credit	100 workplace hours	10 in class hours
2 coop credits* most coop students	200 workplace hours	20 in class hours
3 coop credits	300 workplace hours	30 in class hours
4 coop credits	400 workplace hours	40 in class hours

To be successful in coop, it is understood that the student will be able to achieve the workplace experience commitment and with that in mind, coop is recommended for students with strong attendance who do not foresee any large extended absences.

After a full semester of coop, a morning or afternoon coop student should have achieved a minimum of 200 workplace hours and this workplace achievement can be highlighted on a student's resume.

* Full day coop students are registered for 4 coop credits